



National Prostate Cancer Coalition

awareness. outreach. advocacy.

10 THINGS AFRICAN AMERICANS SHOULD KNOW ABOUT PROSTATE CANCER

[1]

One in four African American men is at lifetime risk of prostate cancer. It is the single most diagnosed non-skin cancer among African Americans: **30,770** will be diagnosed this year alone.

[2]

Prostate Cancer is the **second-leading cause** of cancer death in African American men. An estimated **5,050** will die from prostate cancer this year.

[3]

African American men have the highest rate of prostate cancer in the world: **1 in 4 men**. African American men also are **2.5 times more likely to die** from the disease than caucasian men.

[4]

The chances of getting prostate cancer are **1 in 3** if you have **just one close relative** (father, brother) **with the disease**. The risk is 83% with two close relatives. With three, it's almost a certainty (97%).

[5]

Every African American man **age 45 or older** should resolve to be screened annually for prostate cancer. **Those with a family history** of the disease should start screening at age 40.

[6]

There are **no noticeable symptoms** of prostate cancer while it is still in the early stages. This is why screening is so critical.

[7]

Before the advent of early detection through PSA screening, about **three-fourths** of all prostate cancer cases were found in the late stages. **With the widespread use of screening, 88 percent of cases in African American men are now found early.**

[8]

Nearly 100% of African American men diagnosed with **early stage** prostate cancer are **still alive five years** from diagnosis. Of African American men diagnosed in the **late stages** of the disease, **29% survive five years.***

[9]

Screening for prostate cancer involves a simple blood test and a physical exam. **It takes about 10 minutes** and is covered by health insurance in many states.

[10]

Obesity and high cholesterol levels are strongly associated with advanced prostate cancer. Men with a body mass index over 32.5 have about **1/3 greater risk of dying** from prostate cancer.

*not including those who died from causes other than prostate cancer.

All prostate cancer statistics are 2006 estimates by the American Cancer Society

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